



Ellen Garmann is a wife, mother, and pastoral musician who has given up on balance and instead tries to do two out of three well at any given time. When her backpack contained books instead of diapers, an assortment of snacks and superhero figurines, she graduated summa cum laude with a music degree from Ohio University and earned a Master of Arts in Theological Studies from the University of Dayton.

Ellen is employed at St. Helen Church in Dayton, Ohio and works even harder at the home she shares with her husband of ten years and two boys, ages 4 and 2. Before she became the music minister at St. Helen, she was the pastoral associate for evangelization and adult faith formation. This was excellent practice for becoming a parent because it helped her get comfortable answering the question, "Why?"